



Last time:

The talk by **Katie Maidment** and her colleagues, which was titled '**Discovering Cambodia**', was absolutely fascinating and both moving and challenging. We were also able to ask questions about the very effective help given to the local people by this small independent charity. It was most inspiring to hear how well targeted modest amounts of money can produce such amazing results. We have received a lovely letter of thanks from Katie which will be read out at the September Monthly Meeting.

Photograph competition:

"Thank you" to all those who submitted photographs. I received many lovely images which I enjoyed looking at and from which it was almost impossible to choose a winner. But I have done so!

Of course, my choice is subjective, and I am not an expert photographer. This was not about technical skill, but the evocation of the theme "Summer". Images ranged from beautiful landscapes, fields of wild flowers, riverside shots, gardens, butterflies, reed beds, close-ups of flowers, grandchildren 'helping', and ironic images including a typical 'wet and windy' British summer.

This is the one that 'did it for me'!



Congratulations to **Lisa Benge** who wins a bottle of wine (her choice of colour).

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Monthly Meeting:

Our next monthly meeting will be on **Thursday 5th September** when our guest speaker will tell us about the local Charity '**Bridge for Heroes**' which sprang from the better known 'Help for Heroes' and is based in King's Lynn.

As usual we will meet in The Pavilion at Holme Hale. Doors open at 9.45am for refreshments and socialising with the meeting starting promptly at 10.30am. We finish by 12 noon.

Activity Groups:

Please see the latest **Schedule of Activity Groups** which is attached.

We are still looking for someone to re-start the **Soft Ball Tennis Group**.

Mike Slater who leads the **Poetry Group** (which is full) is willing to start a second group on the 3rd Wednesday of the month at 10.00am. Please note that the Poetry Group(s) don't write poetry but read it.

The **French (Beginners) Group** led by Sheila Burns is able to accommodate further members.

New ideas? Please let us know.